



**Merging Waters United Church**

**Sunday Morning Worship**

**PEACE SUNDAY**

Sunday, October 23, 2022

## **WELCOME / BIENVENUE**

Please join in the responses in **bold text**.

People of all ages, identities, and walks of life are welcome.

Wherever you are, whoever you are, we welcome you in love and community to worship.

Wherever we are, we're close in one another's hearts.

Toutes et tous sont bienvenus, peu importe l'âge, l'identité ou les conditions de vie.

Peu importe où que vous soyez, qui que vous soyez, nous vous accueillons dans l'amour et la communauté pour louer Dieu ensemble.

Notre amour n'est jamais limité par la distance.

## **LIFE AND WORK OF THE PEOPLE**

**Acknowledging the traditional stewards of the Land:**

### **THE STORY OF THE PEACEMAKER**

From the Iroquois Indian Museum website "Learning Longhouse"

## MUSICAL CENTERING

The Swan - Camille Saint-Saens  
Christine Bryce, Oboe

## THE LIGHT AT OUR CORE

Light a candle at home if you wish!

Make peace with the universe.

**Take joy in it.**

It will turn to gold.

**Resurrection will be now.**

Every moment, a new beauty.

(Rumi)

## SPIRITUAL FOCUS      Lessons of Inner Peace

Philippians 4:6-7

**Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.**

**And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.**

## SONG Voices United 896      Blest are They verses 1,3,4

**Blest are they, the poor in spirit  
Theirs is the kingdom of God  
Blest are they, full of sorrow  
They shall be consoled**

**Refrain:**

**Rejoice and be glad  
Blessed are you; holy are you  
Rejoice and be glad  
Yours is the Kingdom of God**

**Blest are they who show mercy  
Mercy shall be theirs  
Blest are they, the pure of heart  
They shall see God**

Rejoice and be glad  
Blessed are you; holy are you  
Rejoice and be glad  
Yours is the Kingdom of God

Blest are they who seek peace  
They are the children of God  
Blest are they who suffer in faith  
The glory of God is theirs

Rejoice and be glad  
Blessed are you; holy are you  
Rejoice and be glad  
Yours is the Kingdom of God  
(repeat refrain)

## THOUGHTS FROM THE DALAI LAMA

Do not let the behaviour of others destroy your inner peace.

**We can never obtain peace in the outer world until we make peace with ourselves.**

Every day, think as you wake up, today I am fortunate to be alive, I have a precious human life, I am not going to waste it.

I am going to use all my energies to develop myself, to expand my heart out to others; to achieve enlightenment for the benefit of all beings. I am going to have kind thoughts towards others, I am not going to get angry or think badly about others. I am going to benefit others as much as I can.

**If you can cultivate the right attitude, your enemies are your best spiritual teachers because their presence provides you with the opportunity to enhance and develop tolerance, patience and understanding.**

The planet does not need more successful people. The planet desperately needs more peacemakers, healers, restorers, storytellers, and lovers of all kinds.

## MUSICAL OFFERING

Blessed are the Peacemakers  
by Pierre Gallant

## THOUGHTS FROM THE YOGA SUTRAS

Patanjali, approx. 500 BC

## PEACE

with Bryson Davis

### SONG Voices United 577 I've Got Peace Like a River verses 1 and 3

I've got peace like a river, I've got peace like a river  
I've got peace like a river in my soul (repeat)

I've got love like an ocean, I've got love like an ocean  
I've got love like an ocean in my soul (repeat)

## LESSONS OF PEACE IN COMMUNITY

### The Power of Peace

Thich Nhat Hanh

Humankind has become a very dangerous species.

**We need people who can sit still and be able to smile, who can walk peacefully. We need people like that in order to save us.**

If a child smiles, if an adult smiles, that is very important. If in our daily life we can smile, if we can be peaceful and happy, not only we, but everyone will profit from it.

Many of us worry about the situation of the world. We don't know when the bombs will explode. We feel that we are on the edge of time. As individuals, we feel helpless, despairing. The situation is so dangerous, injustice is so widespread, the danger is close.

In this kind of a situation, if we panic, things will only become worse.

**We need to remain calm, to see clearly.**

I like to use the example of a small boat crossing the Gulf of Siam. In Vietnam, there are many people, called boat people, who leave the country in small boats.

Often the boats are caught in rough seas or storms, the people may panic, and boats may sink. But if even one person aboard can remain calm, lucid, knowing what to do and what not to do, he or she can help the boat survive. His or her expression – face, voice – communicates clarity and calmness, and people have trust in that person. They will listen to what he or she says.

**One such person can save the lives of many.**

Our world is something like a small boat. Compared with the cosmos, our planet is a very small boat. We are about to panic because our situation is no better than the situation of the small boat in the sea.

You know that we have more than 50,000 nuclear weapons. Humankind has become a very dangerous species.

**We need people who can sit still and be able to smile, who can walk peacefully. We need people like that in order to save us.**

You are that person.

**Each one of us is that person.**

## Lessons in Forgiveness

Nelson Mandela

## SCRIPTURE

Colossians 3:12-15

**Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive one another if any of you has a grievance against someone.**

**Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity. Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful.**

## Thoughts from Gandhi

Non-violence is not a garment to be put on and off at will. Its seat is in the heart, and it must be an inseparable part of our being.

**We may never be strong enough to be entirely nonviolent in thought, word and deed. But we must keep nonviolence as our goal and make strong progress towards it.**

Non-violence is the greatest force at the disposal of mankind. It is mightier than the mightiest weapon of destruction devised by the ingenuity of man.

**Whenever you are confronted with an opponent, conquer him with love.**

The day the power of love overrules the love of power, the world will know peace.

**An eye for an eye will leave everyone blind.**

## MUSICAL OFFERING

I Offer You Peace

Text from Mahatma Gandhi, Music by Karl Jenkins

**The words of Martin Luther King Jr. (1957)**

**Nonviolence is absolute commitment to the way of love. Love is not emotional bash; it is not empty sentimentalism. It is the active outpouring of one's whole being into the being of another.**

## **SONG MV 173**

**Put Peace into Each Other's Hands** verses 1,2,5

**Put peace into each other's hands and like a treasure hold it;  
Protect it like a candle flame, with tenderness enfold it.**

**Put peace into each other's hands with loving expectation;  
Be gentle in your words and ways, in touch with God's creation**

**Reach out in friendship, stay with faith in touch with those around you  
Put peace into each other's hands the Peace that sought and found you.**

## **On nonviolence**

Martin Luther King Jr.

## **SONG**

**Let There be Peace on Earth** by Jill Jackson-Miller and Sy Miller

**Let there be peace on earth and let it begin with me;  
Let there be peace on earth, the peace that was meant to be.  
With God our creator, children all are we,  
Let us walk with each other in perfect harmony.**

**Let peace begin with me, let this be the moment now;  
With every step I take, let this be my solemn vow:  
To take each moment and live each moment in peace eternally  
Let there be peace on earth, and let it begin with me.**

## **BENEDICTION**

**Deep Peace** Wendy Hamel, Solo  
words adapted from an ancient Gaelic rune, music by John Rutter

## **MUSICAL SENDING**

**Go in Peace** by Brian Tate

Thank you for joining in worship today ❤️

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## **MERGING WATERS UNITED CHURCH**

A community of caring within the United Church of Canada

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### **UPCOMING SERVICES at 10:30 a.m.**

**October 30** Please join the Cluster worship service hosted by Ste Genevieve United Church at 4697 Boul. St-Jean, Dollard-des-Ormeaux, QC H9H 2A7. We will celebrate a service of healing and communion. The online worship link will be posted on the Merging Waters website.

**November 6 Beaurepaire** Our guest speaker is Arwa Nofal, Outreach Coordinator at Montreal City Mission, and we will also mark Remembrance Day.

**November 13 Union** Libby Monaco will lead the service with special musical guests, Aeternal Ministries